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Miami Dolphins Examiner

Miami Dolphins running back Ronnie Brown tackles teen violence

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Miami Dolphins running back, shown above, grabbed the microphone Tuesday to talk to students about the importance of understanding and avoiding teen violence.

Photo: miamidolphins.com

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Theoretical physicist and philosopher [Albert Einstein](#) was once quoted as saying “The value of a man resides in what he gives and not what he is capable of receiving.” Fortunately for a group of middle school students, Dolphins running back [Ronnie Brown](#) got the message. On Tuesday Brown went to a South Florida middle school to talk to students about the importance of avoiding and not instigating violent situations at all costs.

His anti-violence speech to students from [Deerfield Middle School](#) was part of his campaign to warn middle and high school students on the dangers of being a part of hostile environments. The campaign is called 23 Ways to Stop Youth Violence. “It was great to have the opportunity to take 23 Ways to Deerfield Beach today,” Brown said Tuesday. “As a professional athlete, you get a chance to relate to these kids and it’s exciting.”

The program, 23 Ways, was also created in hopes of raising awareness about bullying, an issue which has gripped the country in the past few years. This past January the country experienced a rude awakening to the problem of bullying after 15-year old [Phoebe Prince](#) committed suicide after months of verbal and

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physical harassment from her classmates at [South Hadley High School](#) in Massachusetts.

Brown hoped his words at Deerfield Middle Tuesday will help students understand the consequences involving themselves in situations like bullying, whether it verbal or physical, can have.

There were other Dolphins' players giving back to the community Tuesday. Fullback [Lousaka Polite](#) and linebacker [Quentin Moses](#) went to [Western high school](#) to meet the winners of the Empty Bowls Program. Schools in Broward who took part in the program created illustrative bowls, courtesy of their art classes, to help raise money for food banks.

Additionally, Miami cornerback [Benny Sapp](#) visited his home high school, [Boyd Anderson](#), to hand out 20 tickets to a very lucky class that will attend the Dolphins versus Patriots game on [Monday night football](#). All in all, it was a very worthwhile day for the Miami Dolphins who prove they can do a lot of good off the field as well.

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